



# The 16th Annual Ohio Adult Sibling Conference

2016

## REACHING FOR WELL-BEING

**Friday, Nov. 11 & Saturday, Nov. 12**  
Embassy Suites • Dublin, Ohio

presented by



**Ohio SIBS**  
SPECIAL INITIATIVES  
BY BROTHERS & SISTERS

## FEATURED SPEAKERS

### Join Us!

#### Friday, Nov. 11 (3 p.m. to 8 p.m.)

- Welcome reception, dinner, cocktail hour
- Cuyahoga County Board Assistive Technology Department: Updates about supportive technology
- Art show by artists with developmental disabilities

#### Saturday, Nov. 12 (8 a.m. to 2:30 p.m.)

- Breakfast and lunch
- Optional opening session with Yoga instructor Donna Villareal
- Presentations
- Opportunities to meet and network with other siblings
- Self-advocacy sessions

#### Additional topics include:

- Compassion Fatigue and Secondary Trauma
- Cleveland Clinic Research Update: "Dementia in Individuals with Down Syndrome"
- Ohio SIBS' Regional Sibling Gatherings Project
- History of Disability in Ohio
- How Ohio SIBS Needs You!

#### Conference Registration \$115

#### Location: Embassy Suites Dublin

5100 Upper Metro Place • Dublin, OH 43017

(614) 790-7900

Use code SIB by 10/23/16 to receive the special room rate of \$129 per night (plus tax).



#### Colleen Beard

Founder of CareSpotlight.com  
Topic: "Navigating the DD Residential System: A Sister's Journey & Lessons Learned"



#### Rachel Patterson, M.P.A.

Director of Public Policy, the Christopher and Dana Reeve Foundation  
Topic: "Self-Care as a Political Act: National Policy Updates for Sibs"



#### Megan Rothermel

Young Adult Self-Advocate with Down Syndrome  
Topic: "Against All Odds"



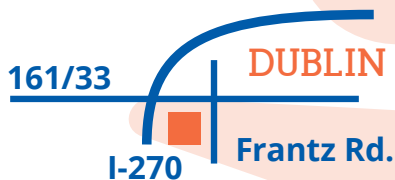
#### Shannon Skiba, D.D.S.

Associate Professor and Dentist, Nisonger Dental Clinic, The Ohio State University  
Topic: "Importance of Preventative Care in Oral Hygiene"



#### Tabitha Woodruff, Esq.

Special Needs Attorney, Hickman & Lowder Co. L.P.A.  
Topic: "Protecting People with Disabilities from Exploitation"



# Conference Registration

Full Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Ohio County \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Special Needs or Dietary Restrictions \_\_\_\_\_

Are you a sibling of a person with a disability?  Yes  No

If yes, does your sibling live in Ohio?  Yes  No

Are you employed in the DD field?  Yes  No

Have you attended the conference previously?  Yes  No

How do you plan to pay for the conference?

- Check
- Cash
- PayPal
- County Board

I have contacted my County Board of DD and they agree to be invoiced by Ohio SIBS. Send the invoice to: \_\_\_\_\_

**Requesting Scholarship**

By selecting scholarship, you are requesting one of the limited number of Ohio SIBS Conference Scholarships and will submit an application. Contact Bobbi Montenegro at [RMontenegro@neo.rr.com](mailto:RMontenegro@neo.rr.com) or (330) 705-8367 for an application.



- Contact Bobbi Montenegro at (330) 705-8367 for more information
- Registration available at [www.ohiosibs.com](http://www.ohiosibs.com)
- Registration: \$115

Please submit registration and payment of \$115 to:

**OhioSIBS**

1391 W. Fifth Ave. #370 • Columbus, OH 43212 or [www.ohiosibs.com](http://www.ohiosibs.com)

Continuing education units through the Ohio Department of Developmental Disabilities are pending.